

RA Sports Spring and Summer Schedule

March 1st	<div style="border: 1px solid black; padding: 5px;"> <p>NEW WORKOUT SCHEDULE Weight Lifting M,W,F 110's T,Th</p> </div>	East side van will not leave the school until 4:45 beginning on March 1 st . Two workout times available to students. Students can workout at either 8 th period or 3:45-4:30. However, either time receives a grade on report card.
March 15th	Spring Break	No Workouts
April 13th	Spring 7 on 7 workouts Spring Lineman Camp ALL WORKOUTS MANDATORY 8TH PERIOD UNTIL 4:30	Eastside van will leave at 4:30
April 22nd-May 12th	Spring Football Practice Practice until 6:30 Monday-Thursday	Eastside Van will leave at 6:30
May 13th	Spring Football Game RA vs. Bessemer Academy RA vs. Tuscaloosa Academy	Games will be played at Bessemer Academy
May 24th-27th	Panama City Beach Trip \$200 per person Price covers condo,gas, and food Room for 2 more people If interested, see Coach Coker for details	We will leave the school at 7 a.m.
June 1st	Summer workouts begin Mandatory	Complete workout schedule will be given at later date.
July 7th-8th	Samford Team Camp Mandatory for all Receivers, QB's RB's, LB's and CB's	We will play a 7 on 7 tournament against public schools from across the state.
July 19th-20th	Birmingham Southern Team Camp Mandatory for all Receivers, QB's, RB's, LB's and CB's	We will play a 7 on 7 tournament against public schools from across the city. More details to come.

**A few 7 on 7 dates could be added later.
Please make your plans now.**

Remember! you must pass 6 credits, including 4 cores to be eligible for sports next year, so get it done!